

# Virtual

# Vegan Luncheon Club!

From the comfort of your home via Zoom.  
Get in touch for the Zoom link and  
password



1-2pm

Find our Facebook group Virtual Vegan  
Lunch Club

4<sup>th</sup> Tuesday of the month

Open to vegetarians, vegans and meat  
reducers aged 65 and over.

# Dates for 2021

*26 January – Burns night  
celebration*

*23 February – All things  
chocolate*

*23 March – Breadmaking  
basics*

*27 April*

*25 May*

*22 June*



We'll provide the recipes a week in advance for you to cook on the day. Then join us at 1pm on Zoom to enjoy it, chat about the recipe and all things cooking related with our Roving Chef .

**To book your place or  
for more info**

**please contact V for Life at:**

**0161 257 0887**

**ellie@vegetarianforlife.org.uk**

**Vegetarian  
for Life** 

For more information, visit: <https://vegetarianforlife.org.uk>