

AGM Regional Trustee Report - 16th May 2018

1) Third Age Trust

On your behalf I attended NEC meetings in London on the following dates

- 12/13th July 17 4/5th Oct 17 6/7 Dec 17
- 31st Jan/1st Feb 18 14/15th March 18

I also participated in workshops in London

- 18th July 17 – Troubleshooting part (1)
- 21st Nov 17 – Network Links accompanied by NIREC secretary Gabrielle Deans
- 10th Jan 18 – Troubleshooting part (2)

I also travelled with members from local U3As attending

- 29/30/31st Aug 17 – National Conference and AGM in Nottingham
- 13th Feb 18 – Keeping it Legal in Leeds
- 21st March 18 – EGM in Birmingham
- 1st May 18 – Network Links in London with NIREC member Karen Shaw

2) NIREC

I was in attendance, along with the Regional Volunteer Mavis Turner, at NIREC meetings to plan upcoming events such as the regional Summer School in Greenmount College, Antrim, Autumn Regional Meeting & AGM

3) Around the Region

I have been invited to many events and have enjoyed sharing anniversaries, open days and AGMs. Recently I was pleased to be part of the focus group which met, to share experiences, of how being a member of the U3A movement has impacted on members lives and wellbeing.

4) Volunteer Training

A core group of volunteers {new and existing} have taken part in National Office led workshops to enable them to set up, advise and support U3As in the Region.

5) Other

I have taken part in community organised events such as the COPNI focus group which considered safety in the home and other aspects of life as senior citizens.

Rose Marie Bradley 14th May 2018